

GLOBAL PATHWAYS FOR GIRLS (GPG)

Initiative under EAGT Empower Afghan Girls Together



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Position: Educational mentor at EAGT Empower Afghan Girls Together under

Abaad: Afghan Women Forward

Country: Canada

Presented by: Abaad: Afghan Women Forward

About Canada

Introduction:

Canada is a diverse and expansive country, with a population of around 39 million people. Known for its multiculturalism and bilingualism, Canada blends French, British, Indigenous, and immigrant cultures. It has two official languages French and English. Its economy is one of the world's largest, driven by natural resources, manufacturing, and technology. The country's education system is highly regarded, offering free public education and world-class universities. With a strong emphasis on inclusivity and innovation, Canada is a global economic and cultural development leader.

- FRQ award, McGill University, Montreal, Canada. With a large international population, landlords are used to leasing to students. Rent can vary between \$750 per room in a large apartment to \$1300 for a one bedroom apartment. Public transit (STM) costs about CAD 50/month for students, and the city is very walkable and bike-friendly. International students can work up to 20 hours per week, with part-time jobs in retail, food service, and on-campus positions. Teaching assistant positions are common at the Masters level paying 34/hour. Montreal is a very Billingual city with French being the primary language but almost everyone speaks English.
- Queen's Graduate Student Award, Queen's University, Kingston, Canada. Kingston is a smaller city with primarily a student population. Rent can vary between \$750 per room in a large house to \$1500 for a one bedroom apartment. Public Transit is free for all University students and the main city centre is quite walkable. The city is approximately 2 hours away from Ontario and Quebecs Major cities including Ottawa, Toronto, and Montreal. International students can work up to 20 hours per week and Master's funding packages including TAships which pay 44/hour and approximately \$10,000 a year.
- Ontario Graduate Scholarship, University of Ottawa, Ottawa, Canada. Ottawa is the Capital of Canada and home to the parliament buildings. In Ottawa, rent for a one-bedroom apartment ranges from CAD 1,300–1,500/month, with lower prices outside the city center. Public transport (buses and LRT) costs about CAD 100/month, and the city is bike-friendly. International students can work up to 20 hours per week, with part-time jobs in retail, hospitality, and on-campus roles. The minimum wage is CAD 17.20/hour, and internship/ coop opportunities exist largely for the Government and pay masters students at least \$24/per hour.

Scholarship Name: FRQ Award

Name of Hosting Institution: McGill University

Scholarship details:

It is a Merit-Based Scholarship recognizing a student's overall academic achievement. The Scholarship provides the recipient with \$20,000 per year. This Scholarship would cover all Tuition fees living expenses would be paid through University funding. *If accepted into McGill, Students both international and domestic in the Sciences recieve at least \$20,000 as a funding package

Eligibility Criteria:

- Open to international and Domestic Students studying in Quebec.
 - Students must pick the section that adheres to their field of study including Social Sciences or Humanties (Minimum 3.7/4.00 CGPA), Health Sciences (Minimum 3.55/4.00 CGPA), or Natural Sciences and engineering (Minimum 3.55/4.00 CGPA)
 - Proof of admissions into the Masters program of choice
 - English language test:
 - o TOEFL: 86 overall with no less than 20 in each of the four components
 - o IELTS: A band score of 6.5 or greater

Application Requirements:

- **Program of Study (1 page max):** Overview of master's program, including objectives, duration, course/research credits, and thesis/essay requirement.
- Honours (1 page max): List of scholarships, prizes, and distinctions with awarding details.
- Integrated Background Presentation (1 page max): Links between experiences, interests, education, training, and career choices (no evaluation criteria).
- Relevant Experience & Achievements (2 pages max): Description of experiences and accomplishments that developed research skills.
- **Proposed Research (1 page max):** Clear, coherent research description, methodology, and conceptual framework.
- Bibliography (1 page max): Up to 10 references supporting the proposed research

Deadlines:

For University Application: Dependant on program but usually by January 1st of year of

acceptance le, January 2026

For Scholarship: October 2nd, 2026

Starting date: September, 2025

Ending date: October 2nd, 2026

Application Process Date: from 01/01/2026 to 02/10/2026* this is an annual award

Website/Contact Information:

University website: https://www.mcgill.ca/

Scholarship announcement link: https://frq.gouv.qc.ca/en/program/secteur-nature-et-technologies-bourses-de-maitrise-en-recherche-volet-regulier-b1x-et-volet-reintegration-a-la-recherche-a2x1-2025-2026/

Tips for Success:

- Meet the minimum GPA Requirements
- Have a good idea of your masters project and a supervisor
- Apply to McGill Anyways most of the Masters programs in the sciences are already funded and pay international students enough to pay for tuition and other expenses without this extra amount

2

Scholarship Name: Queen's Graduate Student Award

Name of Hosting Institution: Queen's University

Scholarship details:

The Queen's Graduate Award is a entrance scholarship recognizing a student's overall academic achievement. The scholarship provides recipients with funding ranging from

\$18,000 to \$20,000 per year, which includes a Teaching Assistantship (TAship) and an additional amount of approximately \$8,000. This funding package covers both tuition and living expenses.

Eligibility Criteria:

- Open to international and Domestic Students studying at Queens.
 - Students must apply to a research based Graduate program at the University in any Faculty
 - Admissions average dependant on specific program but usually at the very least a 3.3/4.00
 - English language test:
 - o TOEFL: 88 overall with no less than 20 in each of the four components
 - o IELTS: A band score of 6.5 or greater
 - o Duolingo test: Minimum of a 120 scored

Application Requirements:

- Fill out online application form that includes:
 - University Transcripts, Must submit all official transcripts from other degrees at the University level obtained
 - 2 letters of academic reference
 - Writing samples for Arts based Masters
 - Statement of Interest based off of your desired research project and your interest in the program
 - Submission of one of the language tests

Deadlines:

For University Application: Dependent on program but usually by January 31st of year of acceptance le, January 2026

Starting date: September, 2025

Ending date: January 31st, 2026

Application Process Date: from 03/09/2025 to 31/01/2026* this is an annual award

Website/Contact Information:

University website: https://www.queensu.ca/

Scholarship announcement link: https://www.queensu.ca/grad-postdoc/grad-studies/apply

Tips for Success:

- Email your Supervisor prior to applying, they have a large sway in your admissions
- Have a good project proposal and above the minimum GPA
- On the admissions form Mark that you want to be considered for funding

3

Scholarship Name: Ontario Graduate Scholarship

Name of Hosting Institution: University of Ottawa

Scholarship details:

Graduate students at the master's and doctoral levels can apply for the merit-based Ontario Graduate Scholarship (OGS) Program, which supports academic excellence across all disciplines at participating Ontario universities. The award is jointly funded by the Province of Ontario (two-thirds) and the host institution (one-third). Funding is based on the length of consecutive study terms within an academic year: \$10,000 for two terms and \$15,000 for three terms.

Eligibility Criteria:

- You hold an acceptance to a master program at a participating university (UOttawa)
- Foreign students who are studying in Ontario under a temporary resident visa or student study permit,
- The Masters program is a Full-time program for 2 or more terms
- For UOttawa you must hold a Bachelor or Licence with a minimum of 4 years of study
- Must have over a 75% from the degree to qualify for Uottawa acceptance and for the OGS must have around 3.7/4.0 GPA
- English Language test requirements:
 - TOEFL: 84 overall with 24 in writing and 20 in individual
 - IELTS: 6.5 overall

Application Requirements:

- Transcripts
- A letter of intent outlining career goals and proposed research
- Contact with the potential thesis supervisor (Ask about funding within a science masters)
- 2 reference letters from academics
- Apply through the university website through the application portal (Note: No information other than up-to-date transcripts)

Deadlines:

University application Deadline: February 1st, 2026

Starting date: October 1, 2025

Ending date: November 14, 2025

Application Process Date: from 01/10/2025 to 01/02/2026

Website/Contact Information:

University website: https://www.uottawa.ca/en

Scholarship link: https://uottawa.syntosolution.com/docrepo/712210301434_9_ENG.pdf and

https://www.uottawa.ca/study/graduate-studies/funding-financing/awards/ontario

Tips for Success:

- Apply well in advance for acceptance to the university
- Have above the required average
- Contact supervisors with similar research interests

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